

## About our Charities

Autism has become an epidemic with 1 in 88 children now being identified with an autism spectrum disorder (ASD), with that number increasing to 1 in 54 for boys. Locally, thousands of families are affected by autism. Historically in Northwest Ohio, support and services have been fragmented, disjointed, difficult to access, or non-existent.

The Great Lakes Collaborative for Autism reflects the communities commitment to working together, improving access to cutting edge services and care, and providing support for all those affected by autism.

The Wabash Cannonball Trail, maintained in Fulton, Williams, and Henry counties by Northwestern Ohio Rails-to-Trails Association, is a 63 mile multi-use recreational trail in Northwest Ohio. It provides non-motorized access to hikers, bikers, equestrians, and cross-country skiers. The 12 foot wide trail surface varies within the different jurisdictions, from asphalt to hard packed cinder ballast.

Hands of Grace is a non-profit ministry of 37 churches and 10 agencies united to provide volunteer services to the elderly and disabled residents of Fulton County, enabling them to remain independent and in their homes as long as safely possible. Hands of Grace also has an Adult Day Center offering companionship, friendship, socialization, physical and mental stimulation to those persons who may have become isolated from the community through their physical and/or cognitive limitations.

All funds raised will stay in NWO with our local charity recipients. For sponsorship opportunities please call or e-mail our sponsorship coordinator:

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[www.wabashcannonballtrail.org](http://www.wabashcannonballtrail.org)

[www.greatlakesautism.org](http://www.greatlakesautism.org)

[www.handsofgrace.org](http://www.handsofgrace.org)



[www.deltasteel.org](http://www.deltasteel.org)



**Tough as Steel  
Charity  
Bike \* Walk \* Run  
Delta, OH**



**May 9th 2015**  
All Proceeds to:  
**Great Lakes Collaborative for Autism,  
Wabash Cannonball Trail,  
Hands of Grace**

RACE WEBSITE: [www.deltasteel.org](http://www.deltasteel.org)

A beautiful rural setting, the run begins and ends on the historic Wabash Cannonball Trail. This 3rd annual event began as part of the Delta Village's 150th anniversary of Incorporation in 2013.

Parking will be available east of SR109 on County Road EF.



The course is 70% paved road with 30% along a newly improved gravel section of the Wabash Cannonball Trail.

On-the-day registration will be at the Trail Headquarters building, 7050 County Road EF Delta, Ohio 43515

Prior registration is available at

[www.deltasteel.org](http://www.deltasteel.org)



### Costs:

### 5K run 10K & 25K Fat Tire Bike Tour

#### ADULT (14+)

- \$15 enrollment up to April 26th
- \$20 after April 26th

### 1 Mile Fun Run (9-13)

- \$5 up to 13yo with T-shirt

### 1/2 Mile Fun Run (8Yrs and under)

- Free

For more info,  
registration, and course  
map:  
[www.deltasteel.org](http://www.deltasteel.org)

### EVENT CALENDAR:

REGISTRATION BEGINS AT 7am

8:15am Kids (up to 8) Fun run 1/2 mile

8:30 am Kids (9-13) Fun run 1 mile

9:00 am– 5k Run / Walk / Bike Tour

### Prizes (5K run only)

#### Male/Female Custom trophy

Age Group Male/Female

10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-65, 65+

### Door Prizes

### Refreshments

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Bike \* Walk \* Run

